

Raising Resilient Children

with proven parenting strategies

Free positive parenting seminar

Support your child's emotional wellbeing, with a focus on cybersafety. Come along to a relaxed, informative 1 hour seminar (plus 30 minutes' question time), to help you guide your kids to make good decisions in real life, and online. This seminar is packed with tips and ideas you can start using straight away to support children's resilience and life skills.

TRIPLE P'S RAISING RESILIENT CHILDREN SEMINAR CAN HELP YOU:

- Problem-solve with your children how to stay safe and manage risks online
- Manage screen time and set age-appropriate boundaries
- Get answers to common parenting questions and issues
- Help your child cope with stress and setbacks and stay positive

Raising Resilient Children Seminar

Date:

Time:

Location:

Other:



BOOK YOUR FREE PLACE NOW

www.triplep-parenting.net

Scan for info and quick access to registration page – or just come along!

We acknowledge the Traditional Custodians of the land on which we live and work, and pay our respects to Elders past, present and emerging.

