Welcome to a Healthy Lunchbox

Visit <u>www.healthylunchboxweek.org</u> for all things lunchbox



Healthy Lunchbox Week is an initiative of <u>Nutrition Australia</u> that aims to inspire parents and carers across Australia to create healthy lunchboxes their children will enjoy. Healthy Lunchbox Week occurs the week before most schools return for term 1 however the website can viewed and free resources downloaded throughout the year.

Nutrition Australia is a non-government, not-for-profit organisation and registered charity that aims to inspire healthy eating for all Australians.

Yours in good health,

